



Calella, Costa Brava - Spain

16th September 2018 for 14 nights

Once again with the help of Freedom and Millington Travel we are planning the QE Dialysis Group trip, this year we are heading to the Costa Brava and the resort of Calella.

We will be staying at the Med Playa Santa Monica Hotel, 3* in the resort of Calella on an All Inclusive basis. This attractive hotel has an ideal location close to the beach and Calella's centre making it a great base to get out and about or simply kick-back and relax. With attentive staff, a friendly atmosphere, a good entertainment programme and an All Inclusive option this is a great value hotel, perfect for couples, friends and families alike.

Holiday Details:

We will be departing on **Sunday 16th September 2018** from Birmingham at 16.15 arriving into Girona at 19.30

Returning **Sunday 30th September 2018** from Girona at 20.15 arriving into Birmingham 21.25

Prices based on standard twin/double room with two adults sharing £930 per person

Single rooms are available price £1200 per person

Prices include flights, accommodation for 14 nights on All Inclusive basis, return airport transfers and luggage allowance of 22KG per person

Room facilities:

- Flat screen television • Wi-fi* • Safety deposit box* • Balcony or terrace • Hairdryer
- Bathroom containing a bath with shower attachment • Air conditioning
- Daily room cleaning service and towel change

Hotel Facilities:

Buffet Restaurant

Buffet. Serves breakfast, lunch and dinner. Show cooking at dinner and lunch. Highchairs and microwaves available. Please note that the hotel requests that beach wear is not worn.

Bar Principal

Lounge bar (open between 01 Mar and 10 Oct, between 9.00am and 12.30pm). Serves food.

2 outdoor pools including children's pool (freshwater). Outdoor freshwater pool. Sunbathing area with sunbeds and parasols. Water toys permitted.

Outdoor freshwater children's pool. Sunbathing area with sunbeds and parasols.

Daily daytime entertainment including arts and crafts, small team games, team sports, family and water-based activities.

Daily evening entertainment including bingo, in-house entertainment shows, karaoke, live music, mini-disco, professional shows and quizzes.

Reception

equipment for hire includes motorised scooter*, pushchair* and wheelchair*. Services available include concierge service, currency exchange* and luggage storage. (* charges apply*)



Dialysis will be at the fantastic **Diaverum Pineda dialysis unit**, a short drive from the resort of Calella and transport is provided to and from dialysis. The dialysis sessions will be Tuesday/Thursday/Saturday at 12 noon during the trip.

The Nursing staff will be there for the duration of the holiday and will be there for your support, assistance and to help you to have a stress free holiday. If you require help with mobility or care you will need to take someone with you to ensure you get the most from your holiday. The booking form requires a doctor's signature to confirm you are fit to travel to confirm booking.

Travel insurance will need to be arranged, Freedom recommend the following:

All Clear

Tel: 01708 339028 referral code FRH

When applying for your travel insurance you must declare all your medical history to ensure you get adequate cover.

If you would like to confirm your place on the group trip please complete the booking form and return to Freedom Travel by **5th March 2018**. We will contact you directly to take card details for payment of deposit £200 per person



Group Trip Booking form

Departure Date	Departure Airport	Duration - 14	Accommodation name	Board Basis	Room Type

Title	First Name	Surname	Date of Birth	Room Type	Board Basis

DEPOSIT £200 PER PERSON – WE WILL CALL YOU TO TAKE CARD DETAILS DIRECTLY BOOK BY 05/03/18

Please state below in **BLOCK CAPITALS** the name and address of the dialysis patient to whom all correspondence should be sent to:

Name: _____

Address: _____

_____ Telephone: _____

Signed: _____ Date: _____

Return form to Freedom, 8 Flaxland Crescent, Sileby, LE12 7SB or email to laura@holidaydialysis.co.uk

For insurance we recommend **All Clear** on **01708 339 028** quote **REF: FRH**

INSURANCE DETAILS

Policy Number: _____ Insurer: _____

SPECIAL REQUESTS / WHEELCHAIR ASSISTANCE

If you require wheelchair assistance or are taking your own wheelchair please ask for a special needs form, which you will need to complete. If you have any special requests for the flight or accommodation such as vegetarian meals, low floor etc please state below.

Name of your dialysis unit	Address	Tel: No.	Contact Name:
Type of Dialysis	Dialysis Days	Duration	CAPD/APD fluid type

Spaces are limited due to dialysis Slots, which will be given on a first come first served booking basis. Slots are Tues/Thurs/Sat at 12noon. PLEASE MAKE SURE YOU HAVE DOCTORS PERMISSION TO TRAVEL.

I confirm that the above named patient is fit to travel abroad

Dr Signature: _____ Dr Name: _____ Date: _____